05 MAY 2027

A Month of Gratitude

Work and learning. Notice one good thing a day.

APRIL 2027

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JUNE 2027

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MON	TUE	WED	THU	FRI	SAT	SUN
					1 Name one thing about your work you value	2 Thank a coworker or classmate for specific help
3 Write down one thing you learned this week	4 Thank a teacher who changed how you think	5 Notice one task you did well today	6 Be glad for a skill you worked hard to learn	7 Thank someone who gave you feedback	8 Notice a tool that makes your work easier	9 Thank your first boss or first teacher
10 Write about a challenge that helped you grow	11 Thank someone for explaining something clearly	12 Say thank you after a meeting	13 Notice a small win at work today	14 Thank someone who trusted you with a task	15 Name one thing you can do now that you could not before	16 Look at your desk and thank it
17 Thank the person who cleans your space	18 Notice a colleague doing something well	19 Write down a book or idea you are grateful for	20 Thank someone who was patient with you	21 Write about a good day at work or school	22 Thank your future self for learning today	23 Share something you learned with someone
24 Notice a problem you solved	25 Be glad for the money you earn, however much	26 Thank a mentor with a short note	27 Take a short break and enjoy it	28 Appreciate the people you work with	29 Name the part of your job you would miss	30 Write what you are proud of at work
31 **Memorial Day** Thank someone who made your work easier						