05 MAY 2027

A Month of Gratitude

Work and learning. Notice one good thing a day.

APRIL 2027

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JUNE 2027

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MON	TUE	WED	THU	FRI	SAT	SUN
					1 Name one thing about your work you value	**2** Thank a coworker or classmate for specific help
3 Write down one thing you learned this week	**4** Thank a teacher who changed how you think	**5** Notice one task you did well today	**6** Be glad for a skill you worked hard to learn	**7** Thank someone who gave you feedback	**8** Notice a tool that makes your work easier	**9** Thank your first boss or first teacher
10 Write about a challenge that helped you grow	**11** Thank someone for explaining something clearly	**12** Say thank you after a meeting	**13** Notice a small win at work today	**14** Thank someone who trusted you with a task	**15** Name one thing you can do now that you could not before	**16** Look at your desk and thank it
17 Thank the person who cleans your space	**18** Notice a colleague doing something well	**19** Write down a book or idea you are grateful for	**20** Thank someone who was patient with you	**21** Write about a good day at work or school	**22** Thank your future self for learning today	**23** Share something you learned with someone
24 Notice a problem you solved	**25** Be glad for the money you earn, however much	**26** Thank a mentor with a short note	**27** Take a short break and enjoy it	**28** Appreciate the people you work with	**29** Name the part of your job you would miss	**30** Write what you are proud of at work
31 **Memorial Day** Thank someone who made your work easier						