08 AUGUST 2027

A Month of Gratitude

Strangers and community. Notice one good thing a day.

JULY 2027

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2027

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MON	TUE	WED	THU	FRI	SAT	SUN
						1 Thank someone who helps you at a shop or a desk
2 Thank a bus driver, cleaner or guard	3 Notice one kind thing a stranger did	4 Hold a door and enjoy the small exchange	5 Thank the person who delivered something to you	6 Say good morning and mean it	7 Notice who keeps your street clean	8 Thank a shop worker by name
9 Write about a stranger who once helped you	10 Leave a kind word for someone online	11 Thank someone who made you smile	12 Notice a public place you are glad to have	13 Thank the people who work at night	14 Say thank you to a helper at school or work	15 Smile at someone and notice what happens
16 Thank someone for their patience with you	17 Notice a small kindness between two people	18 Thank a friend of a friend	19 Notice a bridge, road or path you use	20 Thank someone who gave you directions	21 Appreciate a library, park or market	22 Thank the person who made your coffee
23 Write a note to someone who works hard	24 Notice how many people made your day work	25 Be glad for a place where you feel welcome	26 Say thank you in a different language	27 Thank a volunteer or helper	28 Notice someone who is kind without being noticed	29 Leave a good review for a person who helped
30 Thank a neighbor you rarely talk to	31 Write three people you never thanked					